



A Review on Sustained Release Matrix Tablet

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Abstract:

The main methods used to produce sustained release matrix tablets are wet granulation, direct compression, and the dispersion of solid particles within solid particles inside a porous matrix made of various polymers, such as polymethyl methacrylate (PMMA), polyglycolic acid, and HPMC. The matrix governs the release rate of medication. Let Go Retardants such as HPMC are essential components of the formulation because they facilitate continuous release. To create a tablet where the medicine is embedded in a matrix core of the retardant, a combination of drug, retardant material, and additives is directly compressed; alternatively, granulation can be done before compression. It is possible for the matrices to be mineral, hydrophilic, hydrophobic, or biodegradable. The rate of medication release can be examined using in vitro dissolution experiments. Drugs like ambroxol HCl and nateglinide have been developed as sustained release matrix tablets. Thus, prolonged release matrix tablets can offer better patient compliance by reduction in total dose and dosage schedule, which can be of significant help to address for long term illness.

key words : Sustained release, Polymer, Matrix tablet.

CHAPTER-1: INTRODUCTION

To achieve specific goals including test masking or shielding opposed to environmental factors, coating is the process of covering a preferred dosage form, such as a granule or pill, using an exterior dry film. Gums, resins, waxes, plasticizers, flavors, colorants, polyhydric alcohol, and gums are all potential ingredients for the coating material. In the modern era, the main application of polymers and polysaccharides, together with

additional excipients such as pigments and plasticizers, was as coating materials. Several measures must be taken while coating is being applied to ensure the coating durability and consistency. Organic solvents are prohibited by the International Council for Harmonization (ICH) due to worries about safety in the creation of pharmaceutical dosage forms. [1]

This can be resolved by changing the existing dosage form. Around 1500 BC, the concept of tablets as a solid dosage form was first mentioned. Papyri were the first source of ancient Egyptian pills. Tablets that are vulnerable to oxidation or moisture degradation should be coated with FC method. This method has the potential to increase the shelf life and mask of the product. It will mask the sour flavor and form a softer covering, making easy to swallow. Tablets were coated with chitosan and other muco adhesive polymers in order to them adhere the mucous membranes and achieve targeted, long-term drug release. [2]

Professor Brockedon of England invented the compressed tablet in 1844. These tablets were hard, and no evidence of their disintegration time or solubility was discovered. Mr. Newbery purchased the Professor Brockedon shop in 1871. The most convenient dosage form is oral solid dosage form (DF). Pharmacies carry it. Their production began many centuries ago. Several advantages exist for these DFs, including high patient compliance and relatively simple and convenient manufacturing. [3]

Members of this class have advanced in recent decades as a result of the introduction of techniques such as tablet coating, double compression and osmotic system to achieve a targeted and controlled release. Various methods can be used to complete coating. Sugar coating, film coating, microencapsulation, compression coating are the most common techniques. Sugar coating is an ancient process for FD coating. [4]



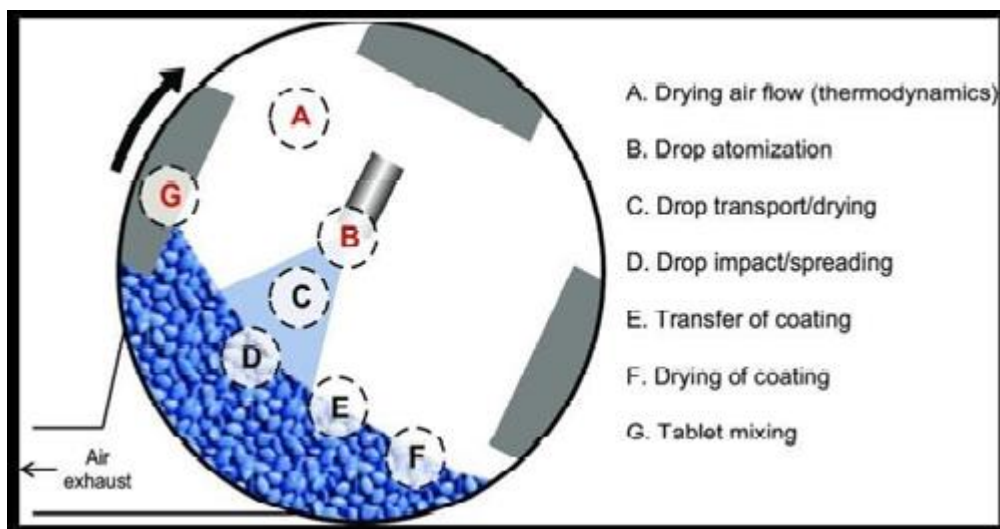
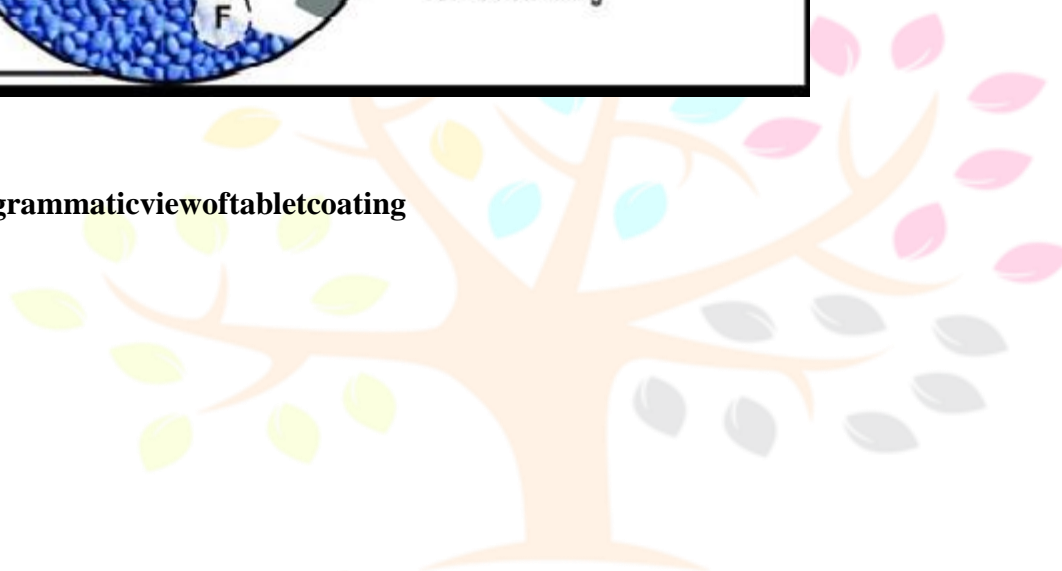


Fig.No-1:Diagrammaticviewoftabletcoating



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CHAPTER – 2: TYPES OF TABLET COATINGS:-**Sugar Coating:-**

To mask the bitter taste of the tablets, a sugar coating was applied. Bitter tablets are sugar-coated to mask the taste. It also improves the appearance of your tablet. [5]

Sealing:-

It protects the tablet from moisture to make it harder. [6]

Sub Coating:-

This action is used to soften the corners and add weight to the tablet. [7]

Grossing/Smoothing:-

This fixes the subcoating flaw and enlarges the tablet to a predetermined dimension. [8]

1.1 Coloring:-

This provides the tablet with its final colour. [9]

1.2 Polishing:-

The goal of this is to get the desired lustre. [10]

1.3 Film Coating:-

Film coating technology has replaced the time-consuming sugar-coating process. During this process, a polymer solution is sprayed. A uniform film is present on the tablet's surface as well as pigments and plasticizers in the rotating tablet bed. The preferred drug release site (gastrointestinal) or the preferred release rate are the main determinants of the polymer selected. [11]

1.4 Aqueous film coating:-

Due to all of the aforementioned issues with organic solvents, water is now the preferred coating solvent. As opposed to organic-based coatings, aqueous coatings are increasingly used. [12]

The coating process becomes more cost-effective when switching from coating based on organic solvents to coating based on water, but initially improving the coating line need a small investment. The requirement for more drying capacity necessitates this upgrade. In comparison to organic solvents, this means that four times as much energy is needed. [13]

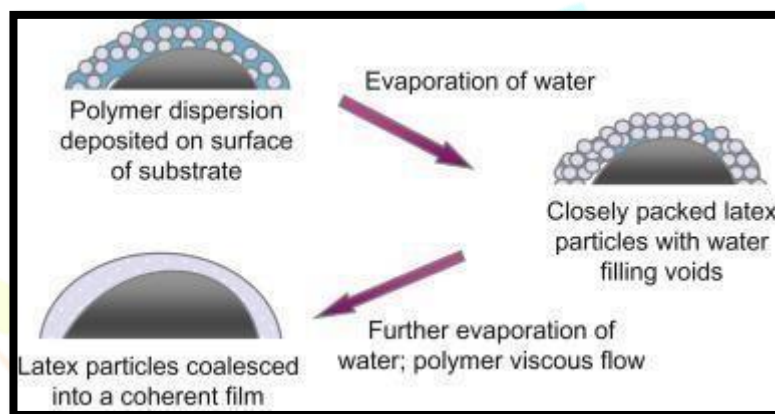
Mechanisms of film formation aqueous film coating-

Applications might be either solutions or suspensions, According to the film-forming polymer liquid solubility. Polymer solutions go through several steps before forming films. After the polymer solution has applied to the tablet surface cohesive forces resulting the polymer molecules of coating to

link together. [14]

In order high cohesion is needed for the continuous surface of film material develop together and the cohesion of the polymer molecules must be relatively high. The process of adjacent polymer molecular layers or surfaces coalescing brought about using diffusion. The solution thickens (gelates) when the majority of the water evaporates, holding the polymer chains together and causing them to deposit on top of the previous layer of polymer. [15]

With sufficient cohesive forces between molecules, diffusion, and coalescence, the individual polymer chains align into a coherent film as the remaining water entirely evaporates. However, utilizing aqueous polymer dispersions as opposed to organic polymer solutions significantly alter the mechanism of film generation. [16]



Figno2-Diagrammaticviewofmechanisms ofFilmFormation

2.1 Compression Coating:-

Using specially designed tableting equipment, granular material is compressed around a pre-formed tablet core. Dry compression coating is used. It is advantageous when the tablet core needs to be coated to cover the taste or give the product a delayed or enteric coating because it cannot survive organic solvents or water. [17]

2.2 Dipcoating:-

The pills are coated by dipping them in a coating solution, and after drying in a typical coating pan, the coated tablets are removed. You can go through the soaking and drying process numerous times. It is possible to coat the way you want [20].

2.3 Enteric coating:-

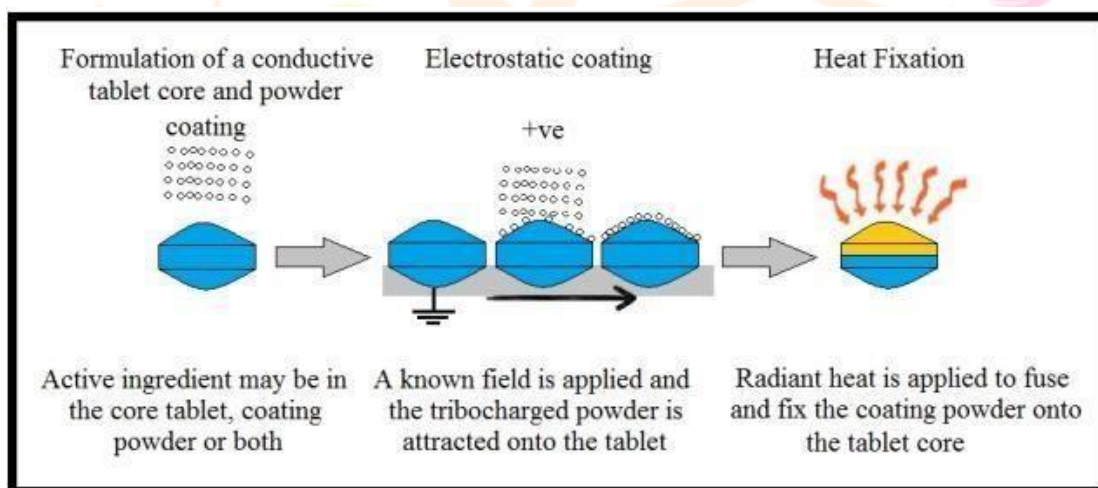
Enteric coatings are barriers that control the location of an oral drug within the digestive system for absorption. The word "gut" the tiny intestine is referred to. In order to stop drug release before it enters the small intestine, an enteric coating is used. At low pH, enteric-coated polymers are still bonded and so insoluble. However, the acidic functional groups ionize as the GIT pH rises, causing the polymer to swell or turn soluble in gastrointestinal fluids [21].

Table 1- Various polymer used in enteric coating formulations

Polymers	Dissolution pH	Reference
Cellulose	7	[22]
Cellulose acetate phthalate (CAP)	6.1	[23]
Poly (methacrylic acid) (PMA)	5.5-7	[24]
Cellulose acetate taramellite (CAT)	5	[25]
Poly (vinyl acetate phthalate) (PVAP)	5	[26]
Hydroxypropyl methylcellulose phthalate (HPMCP)	4.4-5.4	[27]

CHAPTER -3: RECENT TECHNIQUE IN TABLET COATING**A] Electrostatic Coating –**

The application of layers to conductive materials by electrostatic coating is efficient. A high static charge is present on the board. A coating substance made of conductive ionic species with opposing charges sprayed onto the charged substrate. Complete uniform coating is applied to the substrate corners. [28].

**Fig 03-Schematic diagram of electrostatic coating****B] Coronacharging-**

This results from the application of a high voltage applied to a charging pin electrode with a pointed, needle-like tip at the gun exit, which leads to electrical failure and subsequent air is ionized. Negative ions are absorbed by powder particles as they travel from the gun to the substrate. A combination of electrical and mechanical factors essentially controls particle mobility between the charge gun and substrate. The powder from the spray gun is pushed onto the substrate by a mechanical force produced by the air [29].

In case of coronacharging, the electrical force is created by the repelling forces between the charged particles and the electric field between the spray gun tip and the substrate. The size, shape, and powder density of the control pattern can all be changed by adjusting the electric field. [30]

C] TriboCharging-

Unlike corona charging firearms, tribo charging uses an understanding of tribo charging since there are nounboundionsorelectricfieldsbetweenthepraygunandgroundedmaterialduetodielectriccharacteristicsofsolid materials. The electric force is only considered for tribo electric weapons as the repulsive force between charged particles. When charged particles

migrate into the vicinity of the substrate after spraying, the particles

are deposited on the substrate as a result of the attraction between the charged particles and the grounded substrate. [31]

The dirt substrate is uniformly sprayed with charged particles thanks to electrostatic and mechanical attraction. Before the electrostatic attraction is overcome by the repelling force exerted by the deposition of particles against incoming particles, particles build up on the substrate. The coating thickness eventually stops increasing and the particles are unable to stick to the substrate when the attractive and repulsive forces are equal [32].

D] Magnetically assisted impaction coating (MAIC)-

Numerous dry coating methods, such as electrostatic dry coating, plasticizer dry coating, heating dry coating and pressure coating have been developed. In order to achieve coating, these techniques typically permit the employment of high auditory loads, high impact forces, as well as exposure to high temperatures. The guest particles may layer and even become lodged due to the host particle surface being exposed to intense mechanical forces and heat that accompany them. [33]

Many substances used in food and medicine are organic, somewhat delicate, and highly sensitive to heat. They can also be easily distorted by powerful mechanical pressures. Such applications would benefit from a soft coating method that causes less degradation in the host and guest particles (the coating material and the item to be coated). Without significantly altering the material form or size, magnetically assisted impaction coating (MAIC) device could coat both soft organic host particles and foreign particles. [34]

F] Vacuum film coating:-

This new coating technology makes use of a baffle plate that has been specially designed. The pan can be sealed to create a vacuum system even though it is hot and has a water jacket. Put the pills in the pot, then use nitrogen to expel air until the necessary vacuum level is reached. An airless spray system is used to apply the coating fluid. A vacuum system removes vapours from the evaporated solvent. Organic solvents can be used successfully. These coating technologies are also in place, as is high environmental safety. [35]

G] Compression coating:-

Compression coating is rarely used, it is frequently used when the core of a tablet cannot a coating is necessary to hide the flavour of organic solvents or water impart a slow-acting or enteric coating to the product. Furthermore, the method can easily separate incompatible components. This type of coating necessitates the use of a specialised tablet press. [36]

CHAPTER- 4: POLYMERS USED IN COATING**A] Rosin:-**

Biopolymer rosin which creates films and its byproducts have undergone extensive pharmacological research such as film-coating and microencapsulation materials for long-term drug release. It can also be found in cosmetics, chewing gum, and toothpaste. Rosin was used in a process based on phase separation by solvent evaporation to create spherical microcapsules. A 30% w/w blend of rosin, polyvinylpyrrolidone, and dibutylphthalate yield smooth films with improved elongation and tear strength. Chitosan-D-glucose and Chitinase is an enzyme that degrades chitin. Chitosan is a polysaccharide that is made up of randomly distributed linked D-glucosamines (deacetylation units) and N-acetyl-glucosamines (acetylation units). Chitosan positive charge under acidic conditions is its most important property in drug delivery. The protonation of its free amino group results in this positive charge. [37]

B] Zein:-

A byproduct of corn processing is zein, an alcohol-soluble protein found in zein endosperm tissue. For decades, Zein has been applied as a food and drug coating material a cost-effective, high-performing replacement for synthetic film coatings. [38]

C] Collagen:-

The most prevalent protein in mammals is collagen and an important source of tissue strength. It has been researched for use in a variety of surgeries, cosmetic procedures, and drug delivery, as well as bioimplants and multiple organ tissue engineering in increase. [39]

D] Starch:-

It is the most common type of carbohydrate stored in green plants, particularly in underground organs as well as seeds. Starch is found in the form of granules (starch granules), whose size, shape, and composition vary depending on the species components amylose and amylopectin content. Many starches have been identified as medicinal products.

These include Maize (zea mays), Rice (Oryza sativa), Wheat (Triticum aestivum), Potato (Solanum tuberosum). Microcapsules containing proteins and proteinase inhibitors are used for the oral administration of protein and peptidic drugs have been developed. Mixed-wall starch/bovine serum albumin microcapsules were produced by interfacial cross-linking with terephthaloyl chloride. During the cross-linking process, protease inhibitors were added to the aqueous phase to create microcapsules that were later filled with native or amino protected aprotinin. Microcapsules containing aprotinin have been shown to be protective in vitro against bovine serum albumin. [40]

E] Polycaprolactone:-

A polyester that is biodegradable and has a low melting point of roughly 60°C and a temperature at which glass transitions occur that time temperature is roughly -60°C is called polycaprolactone (PCL). PCL is produced by ring-opening polymerizing caprolactone using a catalyst like stannous octoate.

Production of specialty polyurethanes where polycaprolactone is most frequently used excellent resistance to water, oil, solvents and chlorine is added by polycaprolactone to synthetic polyurethanes.[41]

F] Polyorthoesters:-

Materials that can undergo room-temperature polymerization without generating condensation byproducts have been developed through several generations of refinement in synthetic chemistry. These substances

are hydrophobic due to their hydrolytic bonds, which are acid sensitive but base stable. They erode at their surface and by adding basic or acidic adjuvants, the rate of degradation can be slowed down or accelerated.[42]

Table no 2: List of coating conditions and its parameters

Factor	Conditions	Reference
Equipment	Arweka Coating Pan	[43]
Substrate	10mg Erythromycin stearate tablets	[44]
pan Charge	0.5 Kg	[45]
dispersion solid content	5.0% (w/w)	[46]
pan speed	4 rpm	[47]
inlet Temperature	2-58°C	[48]
exhaust air temperature	0-42°C	[49]
bed Temperature	5-40°C	[50]
spray rate	10g/min.	[51]
distance between spray gun and tablet bed	5cm	[52]
coating time	60min.	[53]

CHAPTER6:-**THE CURRENT TREND AND SCOPE OF COATING IN PHARMACEUTICAL ORAL SOLID DOSAGE FORMS:-**

The most popular coating method for oral solid dosage forms is still aqueous coating. This is true regardless of the purpose of the film coating

application. Environmental regulations regarding the use of organic solvents, recent developments in the formulation of water-based film coating materials, and significant advancements made to coating machines and their accessories are the main drivers of its popularity. Inconventional (immediate release), enteric coating (delayed release), and controlled release (delayed release) barrier membrane film coating systems, aqueous coating systems are frequently employed. Opadry formulations provide fewer ingredients for quicker dispersion preparation times, regular color-matching formulations, and quality control testing, better processability, and improved tablet appearance compared to using individual ingredients. They provided numerous benefits, including superior mechanical film properties. [54]

Opadry formulations continue to be used in numerous commercial products despite their widespread use and success in the world. The Opadry formulation has the disadvantage that the dispersed solids must be kept between 10–15% of the water weight to achieve a useful dispersed viscosity of 300–600 centipoise. With the introduction of his Opadry II product family, which includes HPMC and polysaccharides, in the 1980s, productivity was improved by shortening coating times or increasing spray rates. With Opadry II processable dispersions, 20% solids instead of 10–15% solids can be obtained, enabling both increased productivity and improved adhesion. The most important recent advancement in the creation of fully formulated aqueous film coatings is the introduction of new coatings based on sodium carboxymethyl cellulose (NaCMC) and polyvinyl alcohol (PVA). [55]

These polymers are used in film coating provide formulators with comparable or better manufacturing facilities than when using Opadry formulations containing hydroxypropoxymethyl cellulose (HPMC), as well as previously unrealized capabilities increase. PVA-based films are known to have only moderately high oxygen and water vapour permeability. In contrast, NaCMC-based films have a high water vapour permeability but a low oxygen permeability. NaCMC-based films also have the significant advantage of being extremely glossy when properly formulated and applied. Because of this, NaCMC-based film coatings have the potential to enhance both functionality and appearance. [56]

Two exclusive PVA-based product families that were introduced in the middle to end of the 1990s are Aqueous Moisture Barrier (AMB) and the Opadry II. The Opadry AMB formulations offer all the advantages of a fully formulated film coating system while having the lowest possible Moisture Vapor Transmission Rate (MVTR). It is available as a color-matching system, is 20% solids, and is readily soluble in water. [57]

The maximum spray rate that can be achieved with Opadry AMB is lower than it is with his HPMC-

based Opadry II film coating because of the inherent stickiness of the PVA polymer. To address this problem, the Opadry II series of products was created. The Opadry II series products have a similar low MVTR to the Opadry AMB but can be sprayed on at much faster rates.

Formulators have new functional advantages to film coatings based on PVA and NaCMC. Cores that are sensitive to moisture can now be protected by coating with PVA-based coatings using an aqueous coating process. NaCMC-

based coatings have excellent aesthetic qualities and a proven ability to act as an oxygen barrier. [58]

Table no 3- Recently used polymers for modifying drug delivery systems

polymer	coating technique	reference
ethyl Cellulose	sustained release	[59]
Eudragit RS 30D alone and in combination with ammonium methacrylate	sustained release	[50]
Eudragit NM 30D and Eudragit NE 30D in combination with ethyl acrylate methyl methacrylate in 1:2	sustained release	[51]
Policoat SR 30D	sustained release	[52]
PMCAcetate succinate	intercoating	[53]
Cellulose acetate phthalate (CAP)	intercoating	[54]
Eudragit L 30D 55	intercoating	[55]

CHAPTER- 7: -SUSTAINED RELEASE COATING:

Product batches were sufficiently big in big businesses to warrant the usage of pan coating. Today, a very small number of people might inexpensively coat thousands of pills or tablets. Pharmaceutical coatings are becoming commonplace. Tablet coating developed into the procedure that we are familiar with over the first fifty years of this century. In the past century, little has changed about glaze bread. Stainless steel was used instead of the leftover copper pots from the confectionery industry. [66].

Charcoal, then steam, and finally the hot air systems we use today were the first dry air sources. For improved control over the coating solution application, the coater outlet was lastly changed to a spray nozzle. By the beginning of 1950, the sugar-coating method had come very close to being flawless, but its drawback overshadowed a more effective and adaptable method. Tablet prescription patterns significantly changed once the pharmaceutical industry used film coating (Abbott Laboratories, 1953). [67].

Now polymer coating allows tablets to take on a variety of shapes, so we are no longer restricted to using different shaped tablets, roughly spherical tablets. Embossed tablets can also be coated efficiently and aesthetically. Despite the fact that these new coatings are adaptable, they are not ideal for use with conventional coating machinery. His two new coating technologies were released almost simultaneously with the development of his new polymer coating. Both are now crucial components of the

contemporary pharmaceutical business. [68].

Adding many small holes and including them in a sealed cabinet was a modification of the traditional plating, resulting in a “perforated” pan. Perforated pan (such as Thomas Engineering Accela Coater) allow large volumes of air to flow through the tablet bed and control the temperature required to meet the polymer film coating requirements. The air suspension coater, the second of these developments, represented an altogether new method of coating. Unlike the coating pan, the suspension coater is a mechanism that continuously moves the tablets up and down in an air stream while spraying the coating liquid from below.

The “fluid bed” coater has undergone constant development since its beginnings and has become a very adaptable equipment capable of quickly coating tablets, pellets, and even extremely minute granules. The capacity of this device to work in a “closed-loop” mode, which enables the recovery of organic solvents and raises the degree of occupational and environmental safety, is likely its biggest benefit. [69].

CHAPTER- 8 :FEATURES OF THE COATING

In ancient times, the idea of coating was created. Rhazes first covered the taste of the pills with psyllium. Later, it was claimed that Avicenna covered the tablets in a layer of gold and silver. At that time, coatings were made from a variety of materials. Talc, known as Pearl Coating, was introduced by white used of coat tablets. Garot developed a technique for gelatin tablet coating in 1838. [71]

Wax was applied to the poisoned tablets to guard against accidental poisoning. Previously, only dragees were made for instant prescriptions by pharmacy workers. Large-scale production then started as the practice gained popularity in the pharmaceutical sector. The first sugar coated (SC) tablets were brought into the United States (USA) from France in 1842. A Philadelphia pharmacist developed a native-coated pill in 1856. Until 1950, SC was considered a coating-purposed technology with a lot of work to do. [72]

Table no 5- Some of the marketed products were summarized.

Type of Tablet	Example	Brand Name	Manufacturer	Reference
Enteric-coated tablet	Naproxen	Naprosyn	RPGLifesciences limited	[73]
Sugar Coated tablet	Conjugated estrogen	Premarin	Wyeth Ltd.	[74]
Film Coated tablet	Diclofenac	Voveran-D	Novartis	[75]
Sugar coated tablet	mebeverine hydrochloride	Colofac	Abbott	[76]
Enteric-coated	Misoprostol	Cytotec	Pfizer	[77]

ablet				
Enteric-coated ablet	Rabeprazole	Rabekind	Mankind	[78]

Tableno4-Representingdisadvantages ofFC

Defect	Definition	Treatment	
Flaking	is a process of coating separating from an object's surface (such as a tablet) and forming flakers.	By creating controlled drying conditions, that flaw could be fixed.	[79]
Chipping	The term "chipping" describes the phenomenon in which the margins of the tablet get damaged and chipped.	To prevent over-drying the tablets during the pre-heating phase, the operator must take caution. Otherwise, the tablets' brittleness encourages the fault.	[80]
Chipping	is characterized as the adherent layer that could come off the tablet's surface and cause the tablet to chip.	Treatments include lowering the amount of administered liquid or increasing the temperature of the dry air.	[81]
Chipping	On the surface of the dosage form, specific pits have appeared. In this type of fault, but the tablet has not visually vanished.	Such flaws are eliminated by adjusting the temperature during the tablet pre-manufacturing process.	[82]

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