



# Hameed's Basic Personality Type Chart: A New Perspective on Personality Impact and Intention

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## Abstract

This manuscript introduces a novel personality assessment tool called Hameed's Basic Personality Type Chart, designed to classify individuals based on the alignment of their speech, intentions, and actions. The chart highlights eight distinct personality types, each evaluated across various dimensions, including impact, character, and trustworthiness. Through this framework, the study provides insights into how different combinations of speech, intention, and action influence an individual's perceived reliability and moral integrity. The potential applications of this model range from leadership development to personal growth and conflict resolution. This work offers a fresh perspective on personality theory with practical implications for personal and professional development.

**Keywords:** Personality types, personal development, moral integrity, leadership, intention.

## Introduction

Personality theory has long explored the complex interplay between thought, behaviour, and social perception. From the classical models of Freud to the more contemporary Big Five personality traits, researchers have sought to categorize and understand human behaviour through various lenses. Hameed's Basic Personality Type Chart adds to this body of work by proposing a model that centers on three critical elements: speech, intention, and action.

This model postulates that the alignment (or misalignment) of these elements results in eight distinct personality types, each with specific characteristics and impacts on their environment. The chart is designed to be a practical tool for identifying these personality types and understanding their implications for both interpersonal relationships and individual growth. This paper introduces the chart, provides a detailed explanation of each personality type, and explores its potential applications.

## Method

### Participants

This study involved the creation and classification of personality types based on an extensive review of psychological literature and real-world observations of human behaviour. The author drew upon a broad range of case studies and interviews to categorize these personality types.

## Materials

The primary material used in this study is Hameed's Basic Personality Type Chart, which evaluates individuals based on their speech, intention, and action, resulting in eight distinct personality profiles. These profiles are assessed in terms of impact, personality, character, and ranking based on perceived trustworthiness and moral integrity.

## Procedure

**Development of Personality Types:** Personality types were developed by assessing the alignment between speech, intention, and action.

**Impact Assessment:** The impact of each type was analyzed in terms of positive, confusing, deceptive, or mixed outcomes.

**Character Evaluation:** The traits of each type were assessed for trustworthiness, self-serving tendencies, and reliability.

**Ranking:** The personality types were ranked based on the likelihood of leading to positive or negative outcomes.

## Data Analysis

The data was analyzed qualitatively, focusing on the narrative development of each personality type and the potential applications of the chart in real-world scenarios. Statistical analysis was not employed, as the study emphasizes conceptual rather than empirical outcomes.

## Results

The analysis identified eight personality types, ranging from Type 1, where speech, intention, and action are all good, leading to the most positive outcomes, to Type 8, where all elements are bad, resulting in highly detrimental outcomes. The ranking system provided a clear hierarchy of personality types based on their moral integrity and trustworthiness.

Each personality type was described in detail, with specific examples and case studies demonstrating how these types manifest in real-life scenarios. The potential for both personal and professional applications of the chart was explored, suggesting its utility in leadership training, personal development programs, and conflict resolution strategies.

## Discussion

The findings of this study suggest that the alignment of speech, intention, and action plays a crucial role in determining an individual's impact on their environment and their perceived character. Hameed's Basic Personality Type Chart offers a practical framework for understanding these dynamics and can serve as a tool for both self-assessment and leadership development.

This model's implications are significant, especially in professional settings where trustworthiness, reliability, and moral integrity are critical to success. Future research could focus on empirically validating the model and exploring its applications in various fields, such as psychology, organizational behavior, and conflict resolution.

## Tables and Figures

### Table 1: Hameed's Basic Personality Type Chart

Includes the chart

#### Navigating the Spectrum of Personality: Insights from Hameed's Basic Personality Type Chart

##### Introduction

In this article, I'll explore the eight personality types outlined in Hameed's chart, blending personal experiences with practical applications grounded in psychological theory. My aim is to offer readers not only a deeper understanding of these personality types but also practical strategies for navigating them in everyday life.

##### The Ideal Personality: Type 1

Speech: Good

Intention: Good

Action: Good

We all know someone who seems to embody integrity and reliability—a person whose words, intentions, and actions align seamlessly. These individuals, categorized as Personality Type 1 in Hameed's chart, are the pillars of trust in any group, whether at work or in personal circles. My first mentor was such a person; her advice was always sound, her intentions were pure, and her actions consistently demonstrated her commitment to others.

##### *Practical Application:*

In the workplace, Type 1 personalities can be key to fostering a positive environment. By identifying and supporting these individuals, organizations can build a culture of trust and respect. In your own life, strive to emulate these traits by aligning your speech, intentions, and actions to create a consistent and reliable presence.

##### The Conflicted Charmer: Type 2

Speech: Good

Intention: Good

Action: Bad

Type 2 personalities are often charismatic but unreliable. They mean well, and their intentions are good, but their actions fail to follow through. This can lead to frustration and confusion among those who depend on them. I once worked with a colleague who was the life of the office, volunteering for every project but rarely delivering on time.

##### *Practical Application:*

Clear communication and setting firm boundaries are essential when dealing with Type 2 personalities. Encourage them to focus on fewer commitments, ensuring they can follow through more effectively.

##### The Deceptive Strategist: Type 3

Speech: Good

Intention: Bad

Action: Bad

This personality type is particularly challenging because they use their charm and eloquence to mask self-serving intentions. Their actions, driven by these negative intentions, often result in harm to others. I recall a manager who appeared supportive but was secretly undermining colleagues to advance their careers.

***Practical Application:***

It's crucial to stay vigilant and maintain professional boundaries when dealing with Type 3 personalities. Transparency and documentation can help in mitigating the potential harm they may cause.

**The Strategic Manipulator: Type 4**

Speech: Good

Intention: Bad

Action: Good

Type 4 individuals are often strategic manipulators—they achieve positive outcomes, but their motivations are self-serving. This can create mixed feelings, as their actions benefit the group, but their underlying intentions are not aligned with the collective good. I once knew a project leader who drove his team to success, but his primary motivation was personal recognition rather than the team's well-being.

***Practical Application:***

It's important to recognize the motivations behind Type 4 actions. Aligning their goals with those of the group can lead to more sustainable and genuine success.

**The Conflicted Idealist: Type 5**

Speech: Bad

Intention: Good

Action: Bad

Type 5 individuals often struggle with communication and execution, despite their good intentions. Their difficulty in expressing themselves clearly or taking effective action can lead to misunderstandings and unfulfilled goals. For instance, a manager with good intentions might give unclear instructions, resulting in a project that doesn't meet its objectives.

***Practical Application:***

Helping Type 5 individuals improve both their communication and follow-through can align their actions with their positive intentions, reducing conflict and increasing the likelihood of achieving their goals.

**The Redeemed Realist: Type 6**

Speech: Bad

Intention: Good

Action: Good

Type 6 personalities are blunt and direct but have good intentions. Their tough-love approach can lead to positive outcomes, even if their words are harsh. A seasoned professional I worked with provided brutally honest feedback, which was often hard to hear but ultimately transformative.

***Practical Application:***

Helping Type 6 individuals temper their bluntness with empathy can make their advice more palatable, improving relationships while maintaining their integrity.

## The Unpredictable Enigma: Type 7

Speech: Bad

Intention: Bad

Action: Good

Type 7 individuals are hard to pin down. They may act in positive ways, but their speech and intentions suggest otherwise, creating an atmosphere of mistrust. I once knew a colleague who occasionally delivered excellent work but was otherwise disengaged, making it difficult to rely on them.

### *Practical Application:*

Establishing clear expectations and encouraging consistent behavior can help reduce the unpredictability associated with Type 7 personalities.

## The Malicious Saboteur: Type 8

Speech: Bad

Intention: Bad

Action: Bad

Type 8 represents the darkest side of human behavior—individuals whose negative speech, intentions, and actions create toxic environments. These are the office bullies, the saboteurs who undermine colleagues and erode team morale.

### *Practical Application:*

Addressing Type 8 behavior directly and establishing firm consequences for their actions is crucial. In some cases, professional intervention may be necessary to protect the well-being of the group.

## Conclusion

Hameed's Basic Personality Type Chart offers a valuable framework for understanding the diverse personalities we encounter in life. By recognizing these types in ourselves and others, we can navigate relationships more effectively, fostering empathy, clarity, and purpose in our interactions.

Reflect on your own experiences—how do these personality types manifest in your life? By understanding and addressing these traits, we can create more positive and productive environments, both personally and professionally.

## Understanding Personality Alignment: A New Path to Personal and Professional Growth

### **Introduction:**

In the diverse landscape of psychology, understanding personality remains a key focus for both researchers and practitioners. Over the years, various models—from Freud's psychoanalytic theory to the Big Five personality traits—have offered valuable insights into human behavior. However, many of these models often fall short when it comes to addressing the practical challenges individuals face in aligning their inner intentions with their outward actions. This is where my newly developed framework, Hameed's Basic Personality Type Chart, comes into play. This article introduces this chart not merely as another theoretical model but as a practical tool designed to help individuals and organizations navigate the complexities of human behaviour. The chart is not only a reflection of my personal journey as a psychologist but also a response to the growing need for tools that bridge the gap between theory and practice.

**Personal Element:****My Journey in Developing the Chart**

My journey in developing Hameed's Basic Personality Type Chart is deeply rooted in my personal experiences and observations. Having worked over decades, I've encountered a myriad of individuals struggling with the misalignment between their intentions and actions. Whether in corporate environments or personal relationships, this misalignment often leads to confusion, distrust, and even conflict. The inspiration for this chart came from my observations of these struggles. I saw that individuals often had good intentions but failed to align their actions with those intentions, leading to negative outcomes. On the other hand, some managed to align their intentions and actions, resulting in positive, trust-building interactions. The difference between these individuals wasn't just in their intentions or actions but in how these two elements interacted with each other. My journey wasn't just professional; it was deeply personal. I found myself reflecting on my own life, questioning how often my actions truly reflected my intentions. This introspection led me to develop a model that could help others navigate this complex interplay. The result was Hameed's Basic Personality Type Chart, a tool that categorizes individuals based on the alignment (or misalignment) of their speech, intention, and action.

**Practical Application:**

**The Power of Alignment in Practice** The core of Hameed's Basic Personality Type Chart lies in its practical application. Unlike traditional personality models, which often focus on static traits, this chart is dynamic, focusing on how the alignment of speech, intention, and action impacts an individual's environment. It identifies nine distinct personality types, each evaluated across dimensions like impact, character, and trustworthiness.

For example, the Type 1 personality—where speech, intention, and action are all aligned positively—leads to the most trustworthy and reliable individuals. These are the people who follow through on their promises, creating positive outcomes both personally and professionally. In contrast, the

Type 8 personality, where all elements are misaligned, can lead to toxic behaviors that harm relationships and undermine trust. This practical framework can be particularly useful in professional settings. Imagine a leader who consistently aligns their intentions with their actions. Such a leader is more likely to inspire trust and foster a positive organizational culture. On the other hand, a leader whose actions do not align with their intentions may create confusion and mistrust among their team members, leading to disengagement and high turnover rates. Moreover, this chart can also serve as a self-assessment tool for personal development. Individuals can use it to identify areas where they may be misaligned and take steps to bring their actions in line with their intentions. This not only enhances their personal integrity but also improves their relationships with others.

**Persuasive Element:**

**Why This Matters Now** The importance of alignment in personality cannot be overstated, especially in today's fast-paced, high-stakes environments. As the world becomes increasingly interconnected, the ability to align our intentions with our actions becomes crucial not only for personal success but also for maintaining trust in relationships, whether in the workplace or at home. Research has consistently shown that trust is a fundamental component of effective leadership and healthy relationships. However, trust is fragile, and once broken, it can be difficult to repair. By understanding and applying the principles outlined in Hameed's Basic Personality Type Chart, individuals can avoid the pitfalls that lead to distrust and instead build strong, resilient relationships based on transparency and consistency. Moreover, this model offers a fresh perspective on personality theory, challenging the static nature of traditional models. It invites readers to consider personality not as a set of fixed traits but as a dynamic interplay between our inner intentions and our outward actions. This shift in perspective can be transformative, encouraging individuals to actively work on aligning these elements in their daily lives. By the end of this article, I hope readers will not only have a deeper understanding of personality alignment but also feel inspired to apply these insights in their own lives. Whether you're a leader looking to build trust within

your team, or an individual striving for personal growth, the principles of Hameed's Basic Personality Type Chart can provide a clear, actionable path forward.

### **Conclusion: A Call to Action**

In conclusion, Hameed's Basic Personality Type Chart offers a practical and accessible tool for understanding and improving personality alignment. By focusing on the alignment of speech, intention, and action, this chart provides valuable insights into how we can enhance our personal integrity, build stronger relationships, and create positive outcomes in both our personal and professional lives. As we continue to navigate the complexities of modern life, the importance of alignment in personality becomes increasingly clear. I encourage readers to reflect on their own lives, consider where they might be misaligned, and take proactive steps to bring their intentions and actions into harmony. In doing so, we can all contribute to a more trustworthy, reliable, and positive world.

### **Comparison of References with Hameed's Basic Personality Type Chart**

#### **Costa & McCrae's Big Five Model vs. Hameed's Basic Personality Type Chart:**

##### **Big Five Model:**

The Big Five model is one of the most well-researched and widely accepted frameworks in personality psychology. It categorizes personality into five broad traits: Neuroticism, Extraversion, Openness to Experience, Agreeableness, and Conscientiousness. This model focuses on stable traits that individuals exhibit across different situations.

##### **Hameed's Chart:**

Hameed's Basic Personality Type Chart is more specific and situational, categorizing people based on their speech, intention, and action, leading to eight distinct personality types. While the Big Five model categorizes general traits, Hameed's chart breaks down behaviour into more specific, action-oriented categories that reflect how people interact with others in different contexts.

Comparison: Hameed's chart can be seen as a more applied or situational counterpart to the Big Five. For instance, a person high in Agreeableness and Conscientiousness in the Big Five might correspond to Hameed's Type 1 (The Ideal), who is reliable, well-intentioned, and consistent in actions. However, Hameed's chart allows for more nuanced combinations of traits and behaviours that can change depending on context, whereas the Big Five tends to describe more static aspects of personality.

#### **Paulhus & Williams' Dark Triad vs. Hameed's Chart:**

##### **Dark Triad:**

The Dark Triad consists of three negative personality traits—narcissism, Machiavellianism, and psychopathy—each associated with manipulative and self-serving behaviors. The Dark Triad is particularly useful for understanding personalities that have a destructive or harmful impact on social and professional environments.

##### **Hameed's Chart:**

Hameed's chart captures some of these darker aspects through its Type 3 (The Deceptive Strategist) and Type 8 (The Malicious Saboteur). Both of these types reflect behaviors seen in the Dark Triad—Type 3 with its manipulative and self-serving strategies, and Type 8 with its outright malicious intent.

Comparison: Hameed's chart appears to integrate elements of the Dark Triad into a broader personality framework that also considers positive and conflicted personality types. While the Dark Triad focuses exclusively on negative traits, Hameed's chart offers a spectrum, including types that could be redeemable or situationally adaptive. This broader scope allows for a more holistic view of personality, acknowledging that even negative traits can manifest differently depending on context.

## DSM-5 and Personality Disorders vs. Hameed's Chart

### DSM-5:

The DSM-5 is a comprehensive manual used to diagnose mental disorders, including personality disorders like antisocial personality disorder, which is often characterized by a disregard for others, deceitfulness, and lack of remorse. It provides detailed criteria for diagnosis and is used primarily in clinical settings.

### Hameed's Chart:

While Hameed's chart isn't a diagnostic tool, it identifies personality types that exhibit behaviors similar to those seen in certain personality disorders. For example, Type 8 (The Malicious Saboteur) aligns closely with traits seen in antisocial personality disorder, such as malicious intent and harmful actions.

### Comparison:

Hameed's chart serves a different purpose than the DSM-5—it is not designed for clinical diagnosis but rather for understanding everyday interpersonal dynamics. However, it does reflect some of the behavioural patterns that the DSM-5 would categorize as pathological. This makes Hameed's chart useful for recognizing and addressing difficult behaviors in non-clinical settings, whereas the DSM-5 provides a more rigorous, medical approach to understanding severe personality issues. Personality plays a crucial role in our everyday lives, influencing our interactions and shaping our environments. In my journey as a psychologist, I've encountered a wide range of personalities that have both challenged and enriched my understanding of human behaviour. One experience stands out—a colleague who was both charming and unreliable, which left me puzzled. My quest to understand this dichotomy led me to Hameed's Basic Personality Type Chart. This tool categorizes personalities based on speech, intention, and action, offering a framework to better comprehend the complexities of human behaviour.

Hameed's Basic Personality Type Chart								
Personality Type	Speech	Intention	Action	Impact	Personality	Character	Ranking Reason	Rank
1	Good	Good	Good	Positive Impact: All elements are aligned, leading to positive outcomes and trust.	Trustworthy, sincere, reliable.	Strong moral character, high integrity.	Reason: All elements (speech, intention, and action) are good, leading to positive outcomes, trust, and a strong moral character. This type is the most reliable, trustworthy, and positive.	1
2	Good	Good	Bad	Confusing Impact: Good speech and intention, but bad action creates distrust or disappointment.	Charming but unreliable.	Lacks follow-through or discipline.	Reason: Good speech and intentions are undermined by bad actions, leading to distrust and disappointment. They are charming but unreliable, lacking the discipline to follow through.	5



3	Good	Bad	Bad	Deceptive Impact: Good speech masks bad intentions and actions, leading to eventual harm.	Deceptive, duplicitous.	Untrustworthy, self-serving.	Reason: Good speech masks bad intentions and actions, leading to harm. This type is deceptive and self-serving, with an untrustworthy character.	6
4	Good	Bad	Good	Mixed Impact: Good speech and action, but bad intention might lead to eventual negative consequences.	Manipulative or strategic.	Ambiguous, potentially self-serving.	Reason: This type has good speech and actions, but bad intentions can lead to negative consequences eventually. They are strategic or manipulative, with a potentially self-serving character.	3
5	Bad	Good	Bad	Conflicting Impact: Good intentions are undermined by bad speech and action, likely leading to failure.	Conflicted, potentially self-sabotaging.	Misguided or struggling with moral direction.	While their intentions and speech are good, the bad actions create confusion and can lead to mistrust. The overall impact is conflicting, making them less reliable and trustworthy than others who align their actions with their intentions and speech. They rank lower because their potential for positive impact is undermined by their inconsistency.	4
6	Bad	Good	Good	Redemptive Impact: Although speech is bad, good intention and action may mitigate negative effects.	Blunt or harsh but well-meaning.	Pragmatic, direct, potentially misunderstood.	Reason: Despite bad speech, good intentions and actions mitigate negative effects. This type has a strong ethical foundation and is well-meaning, though they might be misunderstood.	2

7	Bad	Bad	Good	Untrustworthy Impact: Bad speech and intention conflict with good actions, leading to confusion.	Mysterious or unpredictable.	Conflicted or evolving.	Reason: While their actions are good, bad speech and intentions create confusion and make them untrustworthy. They are unpredictable, and their character is conflicted or evolving.	7
8	Bad	Bad	Bad	Negative Impact: All elements are negative, leading to a highly detrimental outcome.	Malicious, toxic.	Poor moral character, harmful.	Reason: All elements (speech, intention, and action) are bad, resulting in a highly detrimental impact. This type is malicious, toxic, and harmful, representing the most negative personality and character.	8

## References

Here are explanations of the references used in the document:

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