



Child Care and Development

“A reader loves the book to read, to stare and to develop the skills, so do the child care development is”

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Abstract:

A child is flower bloomed in the nursery of a family, nurtured in the garden of care, and blossom in the shadow of the development. For the growth and development of a nation every child is equally important, for that contribution of every citizen is equally commendable. The laws enacted for the welfare of the children are excellent, but the lacuna is their enforceability and proper vigilant on the people engaged in doing so. The development of a child starts at very early age, the stages may differ for each child, but this doesn't mean to deny their right to enjoy childhood. This pandemic has been a degrading incident which has affected the physical as well as mental development of the children. To overcome this fear of getting ill, child needs to be fully prepared psychologically. We are writing this paper while observing the present scenario of pandemic and child care and development system in India. This paper consists of introduction, brief information about child care and development, with judicial precedents. Conclusion at the will consist of the solution to the problems faced by the children in the society during the covid-19 waves.

Care and development are the heads and tail of a single coin, it is a continuous process and a prolong process that keep going on and on, a child development tends to play a vital role in understanding the situation and how to modify it for the betterment of a child, the role play of a mother, father and other natives plays an important role in building the development of skills in the child. A teacher teaches not only the subject but the lesson of life, the mentor for a child is a mirror image of what he or she should become in the future years of their lives. The development and care is a vicious circle that includes the health, development of skills and upbringing of a child. A child act according to what he tends to perceive from the environment he is into and how he imitates the things in front of him where the mentors or teachers also act as an essential being to him, the child care and

development after his initial years is always in the study centres that are into, The current situation taken into the account ensures the changes happening in the teaching aptitude and the skills of the teachers , after the pandemic hit the group the situation have turned everything change where physical mode availability tends to touch the ground of online mode and this conversion has led the impact of the initial budding years of a child , as a mentor or the teacher it is important to understand as a dynamic environment the changes took place so do the changes in the life's of the toddler less took place and changes in the teaching ideology such as :

Education is a weapon which speaks the truth of life's journey which depicts the thinking and mindset of an individual. The term clinical legal education defines the development of a mind through those ideologies and ideas which are progressive towards the overall growth.

The research paper presented will initiate the conceptual clarity not only promoting the better understanding but to ensure the skills required as a whole, learning aptitude plays an important role in student's life imparting the practical exposures of theoretical concepts.

The research revolves around not only the background of the education skills but the recent developments that are required for the progress and lifetime growth of the students.

A legal education demands the practical exposure of what actually the books are defining , the situations and illustrations tends to play the vital role in the students life , everything can't be permanent except the change , as a teachers the dynamics of new ideology and creative skills is need to be included in respect to development of a student's mindset, the empirical method of research is used ensuring the importance of practical exposure , defining the terms , tools and learning aptitude and , these approaches ensures the skilled development and it is always said that something new to the legal world of education is always acceptable as it results teaching and learning are head and tail of a same coin as both of them are required and mere existence of a one out of two will always lead to disrupted conclusion.

The techniques in legal field work most importantly it touches the corner for student's centric approaches as a teacher a learning process in frame never ends and that keeps on building a budding student and as a student the essence of learning is drawn out how creative the methods a teacher in teaching is using so to make sure the better way to developing mind and building the students for a fortunate future.

Our research paper is focusing on the creative skills of a student while using those concentric approaches and progressive ideology leading to the overall span of life. A teacher is always a guide and mentor for a life of a student. A demarcation of a student's life is to define the response he or she perceives from the teacher, and this positive goal set can be achieved from innovative ideas, practices and development of opportunities for students. The development procedure can be classified into two major classes, i.e. Physical and Mental Development. But sometimes mental development is affected by the physical development, the child is suffering from any kind of deformity, or Diseases is much more responsible for the disturbed child mental ability. After the spread of covid-19, the obstacles aroused with high alarming rate, which not only affected the child physical health, but mental wellbeing too. This pandemic affected all the possibilities of development of a child's learning life, including

Nutrition along with the education and other major aspects leading to the nurturing of a child. **There are few parameters being taken into the account in order to understand their affectivity of the covid -19 protocol, effected there need and importance at the same time.:**

1. Education is an essence of knowledgeable right, which remains prolong in the journey of success and survival.

Education is a fundamental Right under article 21A, of every child. To enforce and protect this right it's the duty of every citizen of the country. In 1993, the Supreme Court's landmark judgment in the Unnikrishnan JP v State of Andhra Pradesh & Others¹ held that Education is a Fundamental right flowing from Article 21. In 1999, Tapas Majumdar Committee was set up, in 86th amendment which recommended that education must be free for every child aged from 6-14 years. Education is essential part for the growth and development of the child, which develops a child into a gentleman, embeds values of humanity, generate the moral emotions. Indian education system is based on paper and pen combination, where books play an important role for the understanding and realization of a concept. But after covid-19 burst, the shift from paper & pen to online Classrooms on a Mobile or Computer screen has changed the perspective of the education². Acceptance for this kind of learning was not easy, but with the change in time, students and teachers both understood the necessity for the knowledge of technology, and scope of its applicability. Absence of classroom, chalk and duster, has made children to think of an invisible teacher, having unlimited knowledge but lack of experience to illustrate the subjects. The situation totally got absurd, online classes gave a very wide scope for both sides of the coin, where on negative side, children started to escape online classes, and indulged in the web of social media, but on positive side, children got an opportunity to save their time and utilize it for skill learning course such as Calligraphy, numerology, graphology, etc.

Education not only in India, but at whole world, was affected due to covid-19. Online education does not have much hold of understanding on the children. For the loss of Interest in education one of the major factor have been the financial condition of the Students, because every child belongs to different class of society, where Smartphone just for the purpose of education is not an easy thing. Whereas, in rural India and other remote locations where network connectivity is not available, have impacted the education of the children effectively.

Education not only includes the book and classroom learning, but physical development of the children too. Outdoor sports activities were totally prohibited, which made a significance impact on the health of the children. Also, motor skills were disrupted from pandemic, which has ultimately affected the overall development of the child. Not only this much, but new health issues were being experienced by the students by confining in the walls

¹1993 AIR 2178, 1993 SCR (1) 594.

² National Library of Medicine, <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8445757/>.

of their homes, problems like anxiety, depression, and emotional disbalance etc. were common because sickness or death of the people around them³.

2. There is always a saying an apple a day keeps a doctor and diseases away, so to healthy mind set requires a healthy nutrition:

It is said that healthy body makes healthy mind, the healthy body is achieved by proper nutritious diet, but during Covid-19, the whole country witnessed the scarcity of the food supplies for sometimes. The nutrition is one of the major affected parts of every student's lifestyle. The supply of fruits and vegetables were affected badly, even at few places shortage was also reported by the individuals. The chain of supply being disturbed has affected the health system of every individual, where children having low immunity were at stake, and need proper care with due diligence. Also children's in Child care homes, Foster homes, and Correction homes, were trapped with limited stock of eatables for sometimes. The Delhi Government at later stage started a food providing drive to all the shelter homes in order to meet the nutritional needs of the women and children⁴. Even the constitution makes it mandatory to provide food and shelter under the Umbrella of Article 21, which talks Right to life and Liberty. The Apex Court in case of People's Union for Civil Liberties (PUCL) v. Union of India & Others⁵ held that the right to food is Constitutional Right and also a basic nutritional floor for the millions of poor citizens. 'On June 29, 2021, Supreme Court Applying its Original Jurisdiction took Suo Motu writ Petition (civil) No. 6 of 2020 with Writ Petition (C) No. 916 of 2020, on the Problems and Miseries of Migrant Laborers. While making clear that Article 21 of the Constitution include right to food and other basic necessities⁶'.

3. A sharp Mind health is like a game of chess, which is check and mate leading to development of mental health:

The mental or Psychological health's of children were affected due to prohibited actions in the houses during lockdown. Mental health affected due to many other reasons too, some of them are listed below:

a. Shift to online classes:

online classes gave no exposure but limited the level of understanding of the children. It also increased the dependency level of children on Internet instead of books. Even after the schools are open in physical mode

³Happiness in Covid Times, Dr. B R Ambedkar University Delhi, <https://aud.ac.in/happiness-in-covid-times#:~:text=Worldwide%2C%20the%20negative%20impacts%20of,of%20caregivers%20and%20psychological%20stress.>

⁴Barkha Mathur, Corona virus Outbreak: Delhi Providing Food to over 15,000 Homeless People through Its Shelters amid Lockdown, <https://swachhindia.ndtv.com/coronavirus-outbreak-delhi-providing-food-to-over-15000-homeless-people-through-its-shelters-amid-lockdown-42757/>.

⁵AIR 1982 SC 1473.

⁶The Daily Guardian, Fundamental Right To Life under Article 21 includes Right To Food and other basic necessities: SC, <https://thedailyguardian.com/fundamental-right-to-life-under-article-21-includes-right-to-food-and-other-basic-necessities-sc/>.

students are facing trouble in writing and adjusting themselves in the environment⁷. It is also observed by the teachers that student lack of interest in the curricular subjects.

b. Low Social Interaction:

Due to lockdown social interactions were severely affected which lead the students to incognito mode, where they got addicted to Social media and Technical Gadgets. This is also responsible for degrading the social values in the students. Students got trapped into the virtual world and became alienated to the real world.

c. Domestic Violence:

This is one of the major causes which have huge and deep impact on the psychological development of the children. It is evidentiary that cases of Domestic Violence have increased significantly at global level during the Lockdown due to Covid-19⁸. The response of these violent acts on the mind of the child is very deep, where the child observes the parents indulging in illegal acts and rude behavior towards each other throws the child into the pool of questions where the child questions nobody but himself. The reason for Domestic Violence may be loss of Job, Depression, Frustration, Cut in salary, Low satisfaction, Alcohol Consumption, Drugs, or financial crisis, etc.

4. Money is an essential source to fulfill the bare minimum needs and to provide the bread and butter to the family but crises to it leads to miserable situations in Pandemic:

In India, Children above the age of 14 years are allowed to work at their will, to support their families and earn livelihood. There are some restrictions at their working hours and place of working which is clearly mentioned in Factories Act, 1948 and other labour laws. 'Covid-19 has made the lives of the street children miserable because they don't have shelter to be safe and healthy during the time of lockdown. Even the government has no accurate data of street children affected by the covid-19⁹'. All the factories, shops, publications, and other manufacturing units were closed during the lockdown, which has definitely affected the income and living standard of the working children.

⁷The Times of India, Pandemic takes its toll on kid's handwriting, <https://timesofindia.indiatimes.com/city/patna/pandemic-takes-its-toll-on-kids-handwriting/articleshow/86045966.cms>.

⁸ National Library of Medicines, Domestic Violence During Covid-19, <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7945968/>.

⁹The New Indian Express, Homeless children at greater risk in corona virus Pandemic, says Rights Body, <https://www.newindianexpress.com/nation/2021/apr/14/homeless-children-at-greater-risk-in-coronaviruspandemic-says-rights-body-2289997.html>.

5. Medical Crisis requires tons of aid and assurance of a life however crises in Pandemic down line the family development and so do impacting child development's too:

Right to Medical is one of the Fundamental rights assured by the Constitution, under Article 21, which guarantees Right to Life, denial of which is not possible even in emergency situations. Medical service to the sick and wounded people is also assured by the Human Rights also. Primary Medical services were also affected due to lockdown; only emergency services were operated. One of the major sections suffered a lot due to this is old age people and pregnant women's. Pregnant women need medical attention, because of their hormonal disbalance and biological conditions. During this stage, there is need of proper care, so that life in the womb can develop at its fullest. 'Covid-19 has made a panic situation in the whole world, so it cannot be denied that woman and children haven't experienced stress and depression. This has impacted the health of the unborn child because of stressed mental health of the mother'¹⁰.

There have been many other problems faced by the Children and their parents, but it's the Global crisis nothing can be denied and nothing can be ignored. Along with children parents also suffered a lot while adjusting in the situation which has never been thought of. Parents and children started to adjust their needs, because women were the one who adjusted a lot due to double burden on them. Working women's faced crisis of emotional balance, while dealing with their personal and professional life. At one hand women tackling with their infant due to closure of crèches and absence of baby sitters, on the other hand, handling of official works. Family expectations were also major factor affecting the mental health of the parents. But this is not the problem in India only, this experienced by the whole world, where patriarchy exists and mother is just a working asset to fulfill the needs of family and husband.

BUT THERE IS A ALWAYS A SUN RAY AFTER THE DARK DULL SKY SO DO THE COINS DOUBLE SIDES ARE,

The pandemic might leads to the downfall but one thing it has changed in us as a human being that is the source of responsibility in understanding the development of a child and what other essentials required of raising a child with a healthy mindset and ensuring the complete balance of nutrition in the kid , it also has helped in developing a source of awareness and ensuring that the child could be raise in the home through nitration , learning skills online and few other suggestion listed below are:

¹⁰National Library of Medicines, Maternal mental health in India during COVID-19, <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7275174/>.

1. Compulsory Computer Education for All:

The schools should add subjects like Information Technology, to their Curriculum, so that there is no technical crisis at ground level. Student must be exposed to the Online and offline Classes at regular basis. It will help in maintaining the attendance of the children and missing of classes can be ignored by this process.

2. Technical Education for teachers:

During this lockdown while switching to online classes many teachers faced technical crisis, regarding the logging in and sharing of the study materials with the students. At least teachers must be given basic computer knowledge and Internet exposure for their usage and accessibility. A training program can be launched to train our teachers apart from their regular subjects.

3. Data Maintenance of slum children:

The Government should maintain a data of the children without homes, working on the street, factories, tea stalls, etc. So that if any welfare scheme is launched they can also avail the benefit of that. Also, data analysis will help in meeting the needs of the children in need of care and protection. Data maintenance will be responsible for the number of children exposed to hazardous works, and children got injured during their service.

4. Regularizing Mental Health Counseling:

The Govt. should launch a drive to have a look over the mental health of the street children so that juvenile delinquents can be reduced in indulging street crimes. Mental health counseling will also help in getting the status of mental ability, responsibility, and their need for care and protection. Mental health Counseling will help in getting the situation of the children and may also help to know the root cause of the suffering.

5. Food and shelter homes for the Working Children:

The govt. and agencies indulged in the welfare of the children must prepare shelter homes and keep a regular visit on the same, for the children working at shops, factories, and tea stall, must get nutritious food and shelter for their mental and physical peace. Duties of the state must be fulfilled, because a child does not know about the rights of their own.

6. Meditation classes for all students:

Students after being confined to the walls, have again got exposure to offline classes, which is again a drastic change in the lifestyle of the children. They need to be given opportunity to adjust themselves by way of

meditation classes, so that it can help in strengthening the sitting capacity of the children. Also, it helps in enhancing the concentration power of the student.

A CHILD BLOOMS THE MOST WHEN HE IS ACTUALLY TAUGHT AND SKILLS ARE ENHANCE AND DEVELOPED LIKE BREAD TO TOAST.

While concluding the paper, Child care is an essence not only to the motherhood but the mentors for their life prolong, it helps in ensuring the development and upbringings in the society amongst the others too.

A developing mind is always a healthy mind however a good health too is require as a child requires care the most and the healthy nutrition too , during the covid duration the caring and development of the child in the environment might have led to depression but the enactment of technology paved their way out , there might be the pro and cons of child care during the coved duration but in the end its we the adults the society need to make sure that the child care should be done in a manner that not only all the rational needs of the child is full filled but also ensuring the development as an individual's too , as there are the future generation of our sustained mind-sets and developments .

“A child care development is exactly same as a healthy mind set and the counselling them so that not only the parents should understand that the need of the development and helps in enhancing the skills of their child for the wellbeing, the care and development is not rigid to the education sector but also over all development, we should be a keen observer and a good mentor and a caretaker too.

That is why it is important to understand that every coin has head and tail similarly the covid 19 has the boons and cons for the situation where for the developing of a child requires a essence of responsibility along with accountability and ensuring the care at the same time where by which even if the education that is in a loop going on and on and never ends its important that even if the online classes are going a proper eye to be kept on the students ensuring that the protection should be made as these smart phone or any technological advancement is important but over using it would lead to miserable effects on the same similarly the indoor activities and mind hunting games can be played with the children so that to ensures the child mental health and development for creating a sense , it is actually the social upbringing and opinion of thoughts to be considered while raising a child with the extreme care and leading to the progressive growth of a kid and these leads to a healthy bond , this is important in sensitizing the parents in understanding the child education , there should be innovative ideas and methods that not only the parents but also the role models mentors should also ensure the positive development of the kid as a whole . it is the parental role to find out the key map route not only to the heart stomach but also of the mind in order to develop the analytical skills , it is also the responsibility of the government to come up with new measures to overcome the loss we suffered during pandemic apart from the yojnasa and schemes given

in already and this development of a child should not be at a corner of a parent aspect but also include those kids who are having their shelters at the NGO and other sort of organisation ensuring the complete awareness of health development and growth of a child , legal clinical education can be given so to ensure the practical pillars of life and creative mind skill could be enhance of the children along with ensuring the complete hygiene conditions and good food water and vitamins and other important minerals required for a body parts and body cells to grow , this is the fact that the more the aware a child about rights and wrong is the more he is ready for his bright future that is why some unique learning through creative ideas and making the parents aware about the government schemes so that they can enrol in a manner ensuring and safeguarding the future of their child apart from making himself sustained , developed and mentally well .

“Encouraging a child means that one or more of the following critical life messages are coming through, either by word or by action: I believe in you, I trust you, I know you can handle this, you are listened to, you are cared for, you are very important to me.” ~

Barbara Coloroso

