



INTERNATIONAL JOURNAL OF NOVEL RESEARCH

AND DEVELOPMENT (IJNRD) | IJNRD.ORG

An International Open Access, Peer-reviewed, Refereed Journal

ISSN : 2456-4184

The Board of

International Journal of Novel Research and Development

Is hereby awarding this certificate to

MR.DHARMENDRA VISHWAKARMA

In recognition of the publication of the paper entitled

**A STUDY TO ASSESS THE EFFECTIVENESS OF THOUGHT STOPPING
ACTIVITY ON STRESS AMONG INDUSTRIAL WORKER IN SELECTED
AREAS OG INDORE (M.P.)**



Published In IJNRD (www.ijnrd.org) ISSN Approved & 8.76 Impact Factor

Published in Volume 8 Issue 8, August-2023 | Date of Publication: 2023-08-04

Registration ID : 201756

Co-Authors - MS.SHIVANI BHADOURIYA

Paper ID - IJNRDTH00068

Editor-In Chief

INTERNATIONAL JOURNAL OF NOVEL RESEARCH AND DEVELOPMENT | IJNRD

An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijnrd.org | Email: editor@ijnrd.org | ESTD: 2016

An International Scholarly, Open Access, Multi-disciplinary, Monthly, Indexing in all Major Database & Metadata, Citation Generator

Manage By: IJPUBLICATION Website: www.ijnrd.org | Email ID: editor@ijnrd.org



INTERNATIONAL JOURNAL OF NOVEL RESEARCH AND DEVELOPMENT (IJNRD) | IJNRD.ORG

An International Open Access, Peer-reviewed, Refereed Journal

ISSN : 2456-4184

The Board of

International Journal of Novel Research and Development

Is hereby awarding this certificate to

MS.SHIVANI BHADOURIYA

In recognition of the publication of the paper entitled

**A STUDY TO ASSESS THE EFFECTIVENESS OF THOUGHT STOPPING
ACTIVITY ON STRESS AMONG INDUSTRIAL WORKER IN SELECTED
AREAS OG INDORE (M.P.)**



Published In IJNRD (www.ijnrd.org) ISSN Approved & 8.76 Impact Factor

Published in Volume 8 Issue 8, August-2023 | Date of Publication: 2023-08-04

Registration ID : 201756

Co-Authors - MR.DHARMENDRA

Paper ID: IJNRD/23/00068

Editor-In Chief

INTERNATIONAL JOURNAL OF NOVEL RESEARCH AND DEVELOPMENT | IJNRD

An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal

Website: www.ijnrd.org | Email: editor@ijnrd.org | ESTD: 2016

An International Scholarly, Open Access, Multi-disciplinary, Monthly, Indexing in all Major Database & Metadata, Citation Generator

Manage By: IJPUBLICATION Website: www.ijnrd.org | Email ID: editor@ijnrd.org